

# CONTENTS

	PAGE
INTRODUCTION . . . . .	v
HOW FIVE COUNTIES GOT THEIR NAMES . . . . .	13
HOW TO ENJOY ESSEX . . . . .	16
PLACES TO SEE IN ESSEX . . . . .	24
HOW TO ENJOY SUFFOLK . . . . .	33
PLACES TO SEE IN SUFFOLK . . . . .	45
HOW TO ENJOY NORFOLK . . . . .	51
PLACES TO SEE IN NORFOLK . . . . .	65
HOW TO ENJOY CAMBRIDGESHIRE . . . . .	75
PLACES TO SEE IN CAMBRIDGESHIRE . . . . .	83
HOW TO ENJOY LINCOLNSHIRE . . . . .	89
PLACES TO SEE IN LINCOLNSHIRE . . . . .	97
IN CONCLUSION . . . . .	106
INDEX . . . . .	107

## *LIST OF ILLUSTRATIONS*

	PAGE
COLCHESTER . . . . .	21
CLACTON-ON-SEA . . . . .	27
FLINT-KNAPPERS AT BRANDON . . . . .	37
LOWESTOFT . . . . .	43
FELIXSTOWE . . . . .	47
NORWICH . . . . .	55
NORFOLK BROADS . . . . .	61
CROMER . . . . .	67
YARMOUTH . . . . .	73
ELY . . . . .	77
CAMBRIDGE . . . . .	81
PETERBOROUGH . . . . .	85
BOSTON STUMP . . . . .	91
LINCOLN . . . . .	95
SKEGNESS . . . . .	103